

DR. TAL SINGER, PSYCHOLOGIST (SUPERVISED PRACTICE)

THESES

Aviram-Singer, T. (June 2016). *Two Sides to the Same Coin? The Benefits and Consequences of Severe Life Regrets in Younger versus Older Adulthood.* (Doctoral Dissertation). Concordia University, Montreal.

Aviram, T. (2009). *Having Goals or having Purpose? Differential Associations with Age and Quality of Life in Older Adulthood.* Concordia University, Montreal.

Aviram, T. (2007). *Anger in Emotion-Focused Therapy.* York University, Toronto.

PUBLICATIONS

Aviram, T., & Menec, V. (2006). *Minimum Data Set (MDS) and pain research: A literature review.* Winnipeg: Centre on Aging, University of Manitoba.

SUBMITTED MANUSCRIPTS

Haase, C.M., **Aviram, T.**, Wrosch, C., Silbereisen, R.K., & Heckhausen, J. *Well-being as a resource for goal reengagement.* (Journal of Personality).

MANUSCRIPTS IN PREPARATION

Aviram-Singer, T., Wrosch, C., & Heckhausen, J. *Management of life regrets in young adulthood: Goal engagement improves pessimistic outcome expectancies and subjective well-being.*

Aviram-Singer, T., & Wrosch, C. *Regret across the lifespan: Similar process, different outcomes.*

Wrosch, C., **Aviram-Singer, T., & Heckhausen, J.** *Motivational and emotional benefits of intense life regrets in young adulthood.*

PAPER PRESENTATIONS

Aviram, T. (2012 Apr). *Adjusting opportunities across the lifespan: Engagement and disengagement in the face of obstacles.* Talk session presented at the 1st Annual Centre of Research on Human Development Research Day, Concordia University, Montreal, Canada.

Aviram, T., & Wrosch, C. (2009 Feb). *Goal adjustment, purpose, and quality of life in older adulthood.* Talk session presented at the 5th Annual Centre of Research on Human Development Conference, Concordia University, Montreal, Canada.

CONFERENCE PRESENTATIONS

- Dentakos, S., Wrosch, C., & **Aviram T.** (2013 June). *Who is to Blame? Regret and Bitterness as Counterfactual Emotions*. Poster session presented at the Annual Meeting of the Canadian Psychological Association, Quebec City, Quebec.
- Hamel, S.-E., Liu, S., **Aviram, T.**, & Wrosch, C. (2013 Feb). *Caring for family members with mental illness: Burden, control, and depression*. Poster presented at the 9th Annual Centre of Human Development Conference, Concordia University, Montreal, Canada.
- Dentakos, S., Wrosch, C., & **Aviram, T.** (2012 Apr). *Who is to blame? Regret and bitterness as counterfactual emotions*. Poster presented at the inaugural Psychology Undergraduate Research Expo, Montreal, Quebec, Canada. (Awarded for best talk).
- Aviram, T.**, Haase, C.M., Wrosch, C., Silbereisen, R.K. & Heckhausen, J. (2012 Jan). *Moving on after a block in the road: Well-being as a resource for the capacity to engage with new goals*. Poster presented at the Society for Personality and Social Psychology 13th Annual Convention, San Diego, California.
- Hortop, E.G., Wrosch, C., Gagne, M., & **Aviram, T.** (2012 Jan). *Stress, colds, and motivation: Intrinsic motivation buffers the effect of perceived stress on cold symptoms*. Poster presented at the Society for Personality and Social Psychology 13th Annual Convention, San Diego, California.
- Aviram, T.**, Wrosch, C. (2011 Jan). *Managing Life Regrets Through Primary and Secondary Control: Affect and Progress Effects in Young Adulthood*. Poster presented to the Society for Personality and Social Psychology 12th Annual Convention, San Antonio, Texas.
- Hortop, E.G., Wrosch, C., Gagne, M., & **Aviram, T.** (2011 Jan). *Why and how of goal pursuits: Interactive effects of motivation and control on subjective well-being*. Poster presented to the Society for Personality and Social Psychology 12th Annual Convention, San Antonio, Texas.
- Babineau, V.A., Wrosch, C. & **Aviram, T.** (2010 Apr). *Achieving purpose in young adulthood: The influence of regret intensity and action/state orientation*. Poster presented to the Institute of Mental Health Center 2nd Annual Young Researchers' Conference, Ottawa, Ontario, Canada.
- Aviram, T.**, & Wrosch, C. (2009 Aug). *Mediational effects of purpose across time in older adulthood*. Poster presented to the American Psychological Association 117th Annual Convention, Toronto, Ontario, Canada.
- Aviram, T.**, & Wrosch, C. (2009 June). *Quantity or quality: Implications of number versus purposefulness of goals on well-being in older adulthood*. Poster presented to the Canadian Psychological Association 70th Annual Convention, Montreal, Quebec, Canada.
- Aviram, T.**, & Wrosch, C. (2009 May). *Having goals or having purpose? Implications for physical health in older age*. Poster presented to the Association for Psychological Science 21st Annual Convention, San Francisco, California, USA.

- Aviram, T.** & Wrosch, C. (2008 Aug). *Goal adjustment, purpose, and quality of life in older adulthood*. Poster session presented at the 116th Annual American Psychological Association Convention, Boston, Massachusetts, USA.
- Aviram, T.**, & Wrosch C. (2008 June). *Successful Aging: Predictors and outcomes of purpose in life*. Poster session presented at the 69th Annual Canadian Psychological Association Convention, Halifax, Nova Scotia, Canada.
- Aviram, T.**, & Wrosch, C. (2008 Feb). *Healthy aging: Goal adjustment capacities, purpose, and quality of life*. Poster session presented at the 4th Annual Centre of Research on Human Development Conference, Concordia University, Montreal, Canada.
- Aviram, T.**, Greenberg, L.S., & Ellison, J. (2007 April). *Anger and forgiveness in Emotion-focused therapy*. Poster session presented at the Undergraduate Thesis Conference, University of Toronto Toronto, Canada.